



as at 02/01/2025



Museums, churches and exhibitions

MIK Museum im Kapitel in Innichen / San Candido

OPENING TIMES

on request (only groups) 2-3 days before

CONTACTS

Via Atto 2
I-39038 Innichen / San Candido
ph: (+39) 0471 972912
URL: www.mik.bz.it
e-mail: info@mik.bz.it

DoloMythos – The world heritage's museum in Innichen / San Candido

OPENING TIMES

daily 8 am – 7 pm
25.12.2024 closed

CONTACTS

Via P.-P.-Rainer 11
I-39038 Innichen / San Candido
ph: (+39) 0474 913 462
URL: www.dolomythos.com
e-mail: info@dolomythos.com

PRICES (17.11. – 07.01.2024 free entry)

Adults € 14.00
Children 4-14 € 8.00
Children (up to 4 years) free
Seniors (60+) € 12.00
Students (up to 27 years) € 12.00

Groups (min. 15 people) € 10.00

Family ticket

(parents + children up to 14 years old) € 34.00

Bunker Museum in Innichen / San Candido – Toblach / Dobbiaco

OPENING TIMES

groups on request: www.bunkermuseum.net

PRICES

www.bunkermuseum.net

CONTACTS

Via Pusteria 19
I-39034 Toblach / Dobbiaco
Innichen / San Candido
ph: (+39) 349 8767196
URL: www.bunkermuseum.net
e-mail: dolomiten.bunkermuseum@gmail.com

Natural Park House Toblach / Dobbiaco

OPENING TIMES

02.01.2025 - 29.03.2025
WED – SAT: 9.30 am – 12.30 pm / 2.30 – 6 pm
closed on all public holidays

CONTACTS

Via Dolomiti 1
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 973 017
e-mail: info.dz@provinz.bz.it

FREE ENTRY

Cheese Dairy “Tre Cime” in Toblach / Dobbiaco

OPENING TIMES

TUE – SAT 8 am – 7 pm
SUN 10 am – 6 pm
MON closed

Also open on Mondays over Christmas and New Year

Prices show area

€ 5,00 per person

CONTACTS

Via Pusteria 3/C
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 971 300
URL: www.3zinnen.it
e-mail: info@mondolattetrecime.com



- A tasting can be ordered directly in the NEW bistro
- free for children under 8 years (without tasting)

You can visit the show area on your own during opening hours, also with tasting.

Visiting the biomass – Educational trail in the district heating plant of Toblach / Dobbiaco

OPENING TIMES

23.12. – 16.03.2025

MON – FRI

8 am – 5 pm

CONTACTS

Via Stazione 8
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 973 214
URL: www.fti.bz
e-mail: info@fti.bz

FREE ENTRY

Visitor Center “Haus der Berge”

OPENING TIMES

MON – FRI

9 am – 6 pm

SAT

9 am – 12 pm & 3 pm – 6 pm

CONTACTS

Via Dolomiti 45a
I-39030 Sexten / Sesto
ph: (+39) 0474 710 310
E-mail: info@sexten.it

ENTRY: free

Nativity museum Stabinger at the Hotel Mondschein / Luna in Sexten/Sesto

OPENING TIMES

14.12. - 12.04.2025

WED - SUN

8 am – 12 pm

14.12. – 06.01.2025

daily

8 am – 12 pm

Other times on request

CONTACTS

Via Dolomiti 5
I-39030 Sexten / Sesto
ph: (+39) 0474 710 322
URL: www.hotelmondschein.com
e-mail: info@hotelmondschein.com

ENTRY: free / Groups upon request

Exhibition “Traces of history”– “Bellum Aquilarum” in the old primary school of Sexten / Sesto

OPENING TIMES

20.12.- 18.04.2025

TUE, FRI 4 pm – 6 pm

24.12.2024 & 31.12.2024

closed

CONTACTS

Via della Chiesa 9
I-39030 Sexten / Sesto
URL: www.bellumaquilarum.it
e-mail: info@bellumaquilarum.it

ENTRY: free / Groups upon request

Visiting churches in the pedestrian zone of Innichen / San Candido

The Collegiate Church Innichen / San Candido (dome):

daily 8 am – 6 pm

The parish church “Hl. Michael”:

daily 8 am – 6 pm

The Franciscan Monastery:

daily 8 am – 6.30 pm (MO mornings closed)

Visiting the cloister is not possible.

Visiting churches in Sexten / Sesto – Moos / Moso

The parish church with “Totentanz” frescoes:

daily 7 am – 7 pm

St. Josef's church in Moos:

daily 7 am – 7 pm



Visiting churches in Toblach / Dobbiaco, Aufkirchen / Santa Maria and Wahlen / San Silvestro

The parish church "Hl. Johannes der Täufer" in Dobbiaco/Toblach:	daily 7.30 am – 5 pm
The pilgrimage church in S. Maria/Aufkirchen:	daily 7 am – 5 pm
The parish church "Hl. Nikolaus" in S. Silvestro/Wahlen:	daily 8 am – 5 pm

Visiting churches in Niederdorf / Villabassa

The parish church "Hl. Stephanus":	daily 8.30 am – 5 pm
Anna chapel and the chapel of rest:	daily 8.30 am – 5 pm
Spitalkirche zur Hl. – Dreifaltigkeit church	variable opening hours

Visiting churches in Prags / Braies

Chapel-of-ease of the Suffering Redeemer in Schmieden/Ferrara:	daily 8 am – 7 pm
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Shopping in the Holiday Region 3 Zinnen in the Dolomites

OPENING TIMES

<u>Generally speaking</u>	the exact opening times are shown at each shop entrance
MON – FRI	8.30/9 am – 12/12.30 pm & 3 pm – 7 pm
SAT:	8.30/9 am – 12 pm
SUN and public holidays	closed, exceptions are shown

Bakeries, butchers and Alpine dairies open between 7 am and 8.30 am, however in the afternoons they close earlier.

Swimming, sauna, wellness

For a complete overview of the wellness resorts in the Holiday Region 3 Zinnen in the Dolomites please contact the tourist offices.

Alpin Erlebnisbad ACQUAFUN in Innichen / San Candido

OPENING TIMES SWIMMING POOL

06.12. – 04.05.2025
daily except Tuesday: 2.30 – 9.30 pm
TUE: day off (except high season)

OPENING TIMES SAUNA

06.12. – 04.05.2025
daily except Tuesday: 2.30 – 9.30 pm
TUE: day off (except high season)

PRICES

www.acquafun.com

CONTACTS

Via M.-H.-Hueber 2
I-39038 Innichen / San
Candido
ph.: (+39) 0474 916 200
URL: www.acquafun.com
e-mail: info@acquafun.com

Caravan Park Sexten / Sesto

OPENING TIMES SWIMMING POOL

SAT – WED	10 am – 8.30 pm
THU - FRI	10 am – 9.30 pm

OPENING TIMES SAUNA

MO - WED	1 pm – 8.30 pm
DO – FR	1 pm – 9.30 pm
SA – SO	11 am – 8.30 pm

CONTACTS

Via St. Josefstraße 54
I-39030 Sexten / Sesto
ph.: (+39) 0474 710 444
URL: www.caravanparksexten.it
e-mail: info@caravanparksexten.it

online Ticketing www.caravanparksexten.it



Sports and leisure



Tennis court at the Hotel Union in Toblach / Dobbiaco

PRICES

Price per hour € 25.00
Price per hour with light +€ 5.00

Open upon request

CONTACTS

Via Dolomiti 24
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 970 100
URL: www.hotelunion.it
e-mail: info@hotelunion.it

Tennis – Airdome at the “Kurpark” in Niederdorf / Villabassa

OPENING TIMES

October until April
MON – SAT 9.00 am – 10.00 pm
SUN 9.00 am – 8.00 pm

CONTACTS

“Kurpark”
I-39039 Niederdorf / Villabassa
ph: (+39) 340 8946194
URL: www.tvn.bz/onlinebooking

Climbing hall Nordic Arena in Toblach / Dobbiaco

OPENING TIMES

07.00 am – 22.00 pm

Ticket sales: at the Tourist Office Dobbiaco/Toblach
or online reservation: <https://login.alpenverein.it/login>

PRICES

Day ticket adults € 7.70
Day ticket 11 – 17 years € 6.05
Day ticket 0 – 10 years free

CONTACTS

Via al Lago 16
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 972 132
URL: www.nordicarena-toblach.it
e-mail: info@nordicarena-toblach.it

Fitness Studio Toblach / Dobbiaco

OPENING TIMES

MON – SUN 10 am – 10 pm
Except rest days and holidays

PRICES

€ 5.00

CONTACTS

Zona sportiva Gries
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 972 529
ph: (+39) 348 65 49 378

Ice stadium Toblach / Dobbiaco

OPENING TIMES

Here you find the opening hours: www.sport-toblach.com

PRICES

children 8 – 13,9 years: € 3,70
students 14 – 19,9 years: € 4,70
adults: € 5,30
skate rental: + € 3,80

CONTACTS

Zona sportiva Gries
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 972 529
ph: (+39) 348 65 49 378

Bowling at the Hotel Nocker in Toblach / Dobbiaco

PRICES

Price per hour: € 14.00

Opportunities to play until 9.00 pm

CONTACTS

Via Dolomiti 21
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 972 242
URL: www.hotel-nocker.it
e-mail: info@hotel-nocker.it



Sport Sexten - Tennis

Reservation:
www.sexten.tennisplatz.info

Prices & access system:
www.sexten.eu/de/Sportanlagen_Sexten

ADDRESS
Waldheimweg 23
I-39030 Sexten

Sport Sexten – Climbing hall & Bouldering

Reservation:
login.climboffice.com

Prices & access system:
www.sexten.eu/de/Sportanlagen_Sexten

ADDRESS
Waldheimweg 23
I-39030 Sexten

Fitness Cardio gym in Niederdorf / Villabassa

OPENING TIMES
www.asv-niederdorf.it
reservation requested

PRICES
upon request

CONTACTS
I-39039 Niederdorf / Villabassa
ph: (+39) 0474 745 022
URL: www.asv-niederdorf.it
e-mail: niederdorf@yoseikan.it