



as at 01/03/2023



Museums, churches and exhibitions

The abbey's museum in Innichen / San Candido

OPENING TIMES

on request (only groups)

CONTACTS

Via Atto – Via P.-P.-Rainer
I-39038 Innichen / San
Candido
ph: (+39) 0474 913149
e-mail: info@candimus.com

DoloMythos – The world heritage's museum in Innichen / San Candido

OPENING TIMES

daily 8 am – 7 pm
25.12.2022 closed

CONTACTS

Via P.-P.-Rainer 11
I-39038 Innichen / San Candido
ph: (+39) 0474 913 462
URL: www.dolomythos.com
e-mail: info@dolomythos.com

PRICES (valid until 31.12.2022)

Adults € 11.00
Children 4-14 € 6.50
Children (up to 4 years) free
Seniors (60+) € 9.00
Students (up to 27 years) € 9.00

School classes € 3.50
Groups (min. 15 people) € 9.00

Family ticket
(parents + children up to 14 years old) € 26.00

PRICES (valid from 01.01.2023)

Adults € 12.00
Children 4-14 € 6.50
Children (up to 4 years) free
Seniors (60+) € 10.00
Students (up to 27 years) € 10.00

School classes € 4.00
Groups (min. 15 people) € 10.00

Family ticket
(parents + children up to 14 years old) € 28.00

Bunker Museum in Innichen / San Candido – Toblach / Dobbiaco

OPENING TIMES

groups on request: ph: (+39) 349 8767196

PRICES

www.bunkermuseum.net

CONTACTS

Via Pusteria 19
I-39034 Toblach / Dobbiaco
Innichen / San Candido
ph: (+39) 349 8767196
URL: www.bunkermuseum.net
e-mail: dolomiten.bunkermuseum@gmail.com

Natural Park House Toblach / Dobbiaco

OPENING TIMES

27.12. – 01.04.2023
TUE – SAT: 9.30 am – 12.30 pm / 2.30 – 6 pm
closed on all public holidays and on 31.12.2023
closed in the afternoon on 16.02.2023 and 21.02.2023

CONTACTS

Via Dolomiti 1
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 973 017
e-mail: info.dz@provinz.bz.it

FREE ENTRY



Cheese Dairy “Tre Cime“ in Toblach / Dobbiaco

OPENING TIMES

TUE – SAT	8 am – 7 pm
SUN	10 am – 6 pm
MON	closed

PRICES

per person without consumption	€ 5.00
per person with tasting (small)	€ 8.00
per person with tasting (big)	€ 10.00

Group discount min. 10 people

per person without consumption	€ 4.50
per person with tasting (small)	€ 7.50
per person with tasting (big)	€ 9.50
per person with cube tasting (without drinks)	€ 6.00
children up to 8 years without consumption	free

Each tasting is served with bread and includes a drink.

The tour is accessible by wheelchair.

The best time to visit is from Tuesday to Friday 8 am to 13 pm, as all production processes are visible at this time.

CONTACTS

Via Pusteria 3/C
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 971 300
URL: www.3zinnen.it
e-mail: info@mondolattetrecime.com

Visiting the biomass – Educational trail in the district heating plant of Toblach / Dobbiaco

OPENING TIMES

26.12. – 31.03.2023	MON – FRI	9 am – 5 pm
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FREE ENTRY

CONTACTS

Via Stazione 8
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 973 214
URL: www.fti.bz
e-mail: info@fti.bz

The “Rudolf Stolz” museum in the centre of Sexten / Sesto

OPENING TIMES

winter 2022/23 closed

ENTRY: free / Groups upon request

CONTACTS

Via Dolomiti 16B
I-39030 Sexten / Sesto
ph: (+39) 349 7169126
(+39) 0474 710 521
e-mail: rogger.hermann@rolmail.net

Nativity museum Stabinger at the Hotel Mondschein / Luna in Sexten/Sesto

OPENING TIMES

from 18.12.2022	WED - SUN	8 am – 12 pm
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ENTRY: free / Groups upon request

CONTACTS

Via Dolomiti 5
I-39030 Sexten / Sesto
ph: (+39) 0474 710 322
URL: www.hotelmondschein.com
e-mail: info@hotelmondschein.com

Exhibition “Traces of history“– “Bellum Aquilarum“ in the old primary school of Sexten / Sesto

OPENING TIMES

17.12.- 08.04.2023	TUE, THU, SAT	4 pm – 6 pm
25.12.2022 & 01.01.2023		closed

ENTRY: free / Groups upon request

CONTACTS

Via della Chiesa 9
I-39030 Sexten / Sesto
URL: www.bellumaquilarum.it
e-mail: info@bellumaquilarum.it



Visiting churches in the pedestrian zone of Innichen / San Candido

The Collegiate Church San Candido/Innichen (dome):	daily 8 am – 6 pm
The parish church “Hl. Michael”:	daily 8 am – 6 pm
The Franciscan Monastery:	daily 8 am – 6.30 pm (MO mornings closed) Visiting the cloister is not possible.

Visiting churches in Sexten / Sesto – Moos / Moso

The parish church with “Totentanz” frescoes:	daily 7 am – 7 pm
St. Josef’s church in Moos:	daily 7 am – 7 pm

Visiting churches in Toblach / Dobbiaco, Aufkirchen / Santa Maria and Wahlen / San Silvestro

The parish church “Hl. Johannes der Täufer“ in Dobbiaco/Toblach:	daily 7.30 am – 5 pm
The pilgrimage church in S. Maria/Aufkirchen:	daily 7 am – 5 pm
The parish church “Hl. Nikolaus“ in S. Silvestro/Wahlen:	daily 8 am – 5 pm

Visiting churches in Niederdorf / Villabassa

The parish church “Hl. Stephanus“:	daily 8 am – 5 pm
Anna chapel and the chapel of rest:	daily 8 am – 5 pm
Spitalkirche zur Hl. – Dreifaltigkeit church	variable opening hours

Visiting churches in Prags / Braies

Chapel-of-ease of the Suffering Redeemer in Schmieden/Ferrara:	daily 8 am – 8 pm
St. Veit/San Vito Parish Church	: daily 8 am – 6 pm

Shopping in the Holiday Region 3 Zinnen in the Dolomites

OPENING TIMES

<u>Generally speaking</u>	the exact opening times are shown at each shop entrance
MON – FRI	8.30/9 am – 12/12.30 pm & 3 pm – 7 pm
SAT:	8.30/9 am – 12 pm
SUN and public holidays	closed, exceptions are shown

Bakeries, butchers and Alpine dairies open between 7 am and 8.30 am, however in the afternoons they close earlier.

Swimming, sauna, wellness

For a complete overview of the wellness resorts in the Holiday Region 3 Zinnen in the Dolomites please contact the tourist offices.

Alpin Erlebnisbad ACQUAFUN in Innichen / San Candido

OPENING TIMES
closed until recalled

PRICES
www.acquafun.com

CONTACTS
Via M.-H.-Hueber 2
I-39038 Innichen / San
Candido
ph.: (+39) 0474 916 200
URL: www.acquafun.com
e-mail: info@acquafun.com



Sports and leisure

Fitness Studio Acquafun Active in Innichen / San Candido

OPENING TIMES

daily 7 am – 9.30 pm

PRICES

upon request
First consultation for free (on reservation)!

CONTACTS

Schäfer Stefan
Via M.-H.-Hueber 2
I-39038 Innichen/San Candido
Tel. (+39) 342 528 2035
Website: www.healthcoach.bz.it
E-Mail: info@healthcoach.bz.it

Tennis court at the Hotel Union in Toblach / Dobbiaco

PRICES

Price per hour € 25.00
Price for the light per hour € 5.00

Open upon request

CONTACTS

Via Dolomiti 24
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 970 100
URL: www.hotelunion.it
e-mail: info@hotelunion.it

Tennis – Airdome at the “Kurpark” in Niederdorf / Villabassa

OPENING TIMES

October until April
MON – SAT 10.30 am – 9.30 pm
SUN 9.30 am – 7.30 pm

CONTACTS

“Kurpark”
I-39039 Niederdorf / Villabassa
ph: (+39) 340 8946194
URL: www.tvn.bz/onlinebooking

Climbing hall Nordic Arena in Toblach / Dobbiaco

OPENING TIMES

entry only with a chip card, available at the Tourist Office Toblach / Dobbiaco
MON – FRI 9 am – 12.30 pm & 3 – 6 pm
SAT 9 am – 12 pm

CONTACTS

Via al Lago 16
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 972 132
URL: www.nordicarena-toblach.it
e-mail: info@nordicarena-toblach.it

PRICES

Day ticket adults € 7.70
Day ticket AVS € 7.00
Day ticket 11 – 17 years € 6.05
Day ticket 0 – 10 years free
Adult only accompanied free

Fitness Studio Toblach / Dobbiaco

OPENING TIMES

MON – SUN 10 am – 10 pm
Except rest days and holidays

CONTACTS

Zona sportiva Gries
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 972 529
ph: (+39) 348 65 49 378

PRICES

€ 4.00

Ice stadium Toblach / Dobbiaco

OPENING TIMES

Here you find the opening hours: www.sport-toblach.com

PRICES

children 8 – 13,9 years: € 3,50
students 14 – 19,9 years: € 4,50
adults: € 5,00
skate rental: + € 3,50

CONTACTS

Zona sportiva Gries
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 972 529
ph: (+39) 348 65 49 378



Bowling at the Hotel Nocker in Toblach / Dobbiaco

PRICES

Price per hour: € 14.00

open from 07.10.2022 – 10.04.2023

CONTACTS

Via Dolomiti 21
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 972 242
URL: www.hotel-nocker.it
e-mail: info@hotel-nocker.it

Sport Sexten - Tennis

OPENING TIMES

from 01.12.2022:
Tuesday – Sunday: 10 am – 11 pm
Monday: closed
more information upon request

CONTACT

Waldheimweg 23
I-39030 Sexten
ph: (+39) 0474 862 546
E-Mail: sextabasecamp@gmail.com

Sport Sexten – Climbing hall & Bouldering

OPENING TIMES

from 01.12.2022:
Tuesday – Sunday: 10 am – 11 pm
Monday: closed

CONTACT

Waldheimweg 23
I-39030 Sexten
ph: (+39) 0474 862 546
E-Mail: sextabasecamp@gmail.com

PRICES

upon request

Fitness Cardio gym in Niederdorf / Villabassa

OPENING TIMES

www.asv-niederdorf.it
reservation requested

CONTACTS

I-39039 Niederdorf / Villabassa
ph: (+39) 0474 745 022
URL: www.asv-niederdorf.it
e-mail: niederdorf@yoseikan.it

PRICES

upon request

Indoor riding “Steinwandterhof“ in Prags / Braies

Indoor riding lessons

OPENING TIMES

All-year MON – SUN:	2 pm – 6 pm
TUE	closed

PRICES:

Groups lesson (50')	€ 35.00
Longe lesson (25')	€ 30.00

Reservation required!

CONTACTS

S. Vito 17
I-39030 Prags / Braies
ph: (+39) 335 6117232
URL: www.steinwandterhof.it
e-mail: info@steinwandterhof.it